

Preparing for your Pulmonary Function Test

What is a pulmonary function test?

Pulmonary function testing measures how well you are breathing. There are different types of breathing tests that can be done during pulmonary function testing. They include spirometry, lung volumes and diffusing capacity. Spirometry can show how much air you can breathe in and out. It also shows how fast you can breathe in and out. Lung volumes can provide further information about how your lungs are functioning. Diffusing capacity can show how well your lungs move oxygen from the lungs to the blood. There are also airway challenge tests that assist your doctor in determining the presence or absence of asthma. The results of pulmonary function testing can help your doctor find the best treatment plan for you.

How do you get ready for the test?

Please follow these directions when getting ready for this test. These medicines will affect the results of some of these tests and need to be stopped before the testing is done. If the medicine is not stopped before the test, we will not be able to complete the test.

Stop these inhaled medicines for 24 hours before your appointment:

- Advair® (fluticasone and salmeterol)
- Symbicort® (budesonide and formoterol)
- Dulera® (mometasone and formoterol)
- Breo® (fluticasone and vilanterol)
- Arcapta (indacaterol)
- Foradil® (formoterol)
- Serevent® (salmeterol)
- Tudorza® (aclidinium)
- Brovana® (arformoterol)
- Perforomist™ (formoterol)
- Spiriva® (tiotropium)
- Striverdi® (olodatarol)
- Anora® (umeclidinium and vilanterol)

Stop these inhaled medicines for 6 hours before your appointment:

- Atrovent® (ipratropium),
- Combivent® (albuterol and ipratropium)
- DuoNeb® (albuterol and ipratropium)

Stop these inhaled medicines for 4-6 hours before your appointment:

- Proventil HFA®
- Ventolin HFA® ProAir® (albuterol)
- Xopenex® (levalbuterol)

Continue to take all your other medicine as you usually do.

Please call the MANA Pulmonary Lab if you have any questions – 479-582-7216.