



## MEET LUZANNA

Luzanna is a nurse who will work with your physician to provide quality care through engagement and education.



## LUZANNA TUBB

### Care Coordinator

#### What does a Care Coordinator do?

- ▶ Identifies patients who are at high risk for certain diseases and recommends appropriate preventative care.
- ▶ Helps patients coordinate wellness visits, age-appropriate health screenings, and referrals to medical specialists.
- ▶ Develops a personalized, comprehensive care plan for patients with chronic conditions and complex health issues.
- ▶ Encourages patient participation with chronic conditions and helps them reach their goals.
- ▶ Coordinates follow-up care for patients who have been in the hospital and provides support as they recover and return to a healthy lifestyle.

#### How does a Care Coordinator benefit our patients?

- ▶ Provides individual support to patients with chronic conditions or complex health issues.
- ▶ Connects patients with existing community resources to promote a healthy lifestyle.
- ▶ Provides valuable information about nutrition, exercise, medication, medical treatments, and disease processes.
- ▶ Provides personalized and comprehensive preventative care plans.