

4700 S. Thompson St.  
Unit C-103  
Springdale, AR 72764

479-571-6363 (Office)  
479-684-3941 (Fax)  
psychiatry@mana.md



NWA  
PSYCHIATRY  
a MANA clinic

**LANCE C. FOSTER, MD**

Child, Adolescent & Adult Psychiatry

**RANDALL STALEY, MD**

Child, Adolescent & Adult Psychiatry

**LAURA WILLIAMS, APRN**

Psychiatric Mental Health Nurse Practitioner

**NICHOLAS HOPKINS, APRN**

Psychiatric Mental Health Nurse Practitioner

A referral to our clinic was made by: \_\_\_\_\_

Please complete this intake packet and return it to our office **within 10 business days**. We are presently booked out several weeks for new consultations. Having paperwork returned will assist us in assessing the urgency of the appointment and allows you to be put on a cancelation list for a sooner appointment.

We do not treat adult ADD/ADHD unless psychological testing has been done, we have the results and it confirms the presence of this. We do not accept commercial web-based testing, testing must be done by a psychologist.

When your packet is received and upon review if it is determined we will be unable to see you, we will let you and the referring provider know.

Completed packets can be returned in any of the following ways:

**In Person or mailed to:**

NWA Psychiatry  
4700 S. Thompson Street  
Suite C-103  
Springdale, AR 72764

**FAX:**

479.684.3941

**Email:**

[psychiatry@mana.md](mailto:psychiatry@mana.md)

Please feel free to contact our office with any questions about the paperwork or scheduling at

479.571-6363 option 4

Dr. Foster and Dr. Staley



NWA  
 PSYCHIATRY  
 a MANA clinic

**4700 S. Thompson Suite C-103  
 Springdale, AR 72762  
 479.571.6363**

**Clinic Information:**

NWA Psychiatry a MANA clinic provides care for adults and children. Our goal is to provide you with support and education. **Our psychiatrists provide ongoing medication management.** We will recommend ongoing counseling or therapy as needed.

**Appointments, cancellations and missed appointment policy:**

\_\_\_ NWA Psychiatry requires a minimum of 24 hours’ notice of cancellation prior to a scheduled follow up appointment. Cancellations of follow up appointments with less than 24 hours’ notice will incur a \$25 fee.

\_\_\_ For new patient appointments, 48 hours’ notice of cancellation is required. Cancellation or failure to attend the initial appointment may forfeit future visits and you will be billed \$75. Your initial appointment visit will NOT be rescheduled until this fee is paid in full.

Please be advised that insurance companies will NOT reimburse for missed appointments fees.

\_\_\_ All appointments are scheduled for a specific block of time. **If you arrive late for your scheduled appointment, it may have to be rescheduled.** Please be aware that keeping your appointment is necessary for medication refills (see medication refill policy).

In the event of inclement weather please call to confirm your appointment before attending.

**Termination policy:**

\_\_\_ THREE (3) missed appointments without providing notice may result in termination from this practice. We also reserve the right to terminate for noncompliance.

**Medication refill policy:**

\_\_\_ Medication refills coincide with when you are expected back for an appointment however, there might be circumstances in which a refill would be needed before your next scheduled appointment. Refill requests may take up to 3 business days to complete. Please note that we do NOT accept faxed requests from pharmacies and you are required to call the office to request your refill. **Not keeping follow up appointments could result in a disruption of your medication regimen.**

**Insurance plans and financial policy:**

\_\_\_ NWA Psychiatry is a mental health provider and may be out of network with some insurance companies when other MANA clinic providers are in network. It is important to note that some insurance policies do not cover mental health care and It is your responsibility to check your benefits. Please remember that your insurance policy is a contract between you and the insurance provider; therefore, the clinic cannot guarantee payment of your claim(s) and must render the patient responsible for any services not covered by insurance.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name (PRINT): \_\_\_\_\_ Date of birth: \_\_\_\_\_

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### CHILD/ADOLESCENT INTAKE FORM

CHILD'S NAME: \_\_\_\_\_ TODAY'S DATE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ RACE: \_\_\_\_\_ SEX: \_\_\_\_\_

OTHER NAME YOUR CHILD PREFERS TO BE CALLED: \_\_\_\_\_

NAME OF PERSON COMPLETING FORM: \_\_\_\_\_

RELATIONSHIP TO CHILD: \_\_\_\_\_

WHO REFERRED YOU TO OUR CLINIC: \_\_\_\_\_

MAY WE CONTACT THEM:  YES  NO

PRIMARY CARE DOCTOR: \_\_\_\_\_

MAY WE CONTACT THEM:  YES  NO

PRIMARY CONCERNS FOR CONSULTATION: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

HOW LONG HAVE THESE CONCERNS BEEN PRESENT: \_\_\_\_\_

WHAT ARE YOUR GOALS FOR TREATMENT: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

WHICH OF THE FOLLOWING SYMPTOMS/CONCERNS HAS YOUR CHILD EXPERIENCED IN THE LAST 60 DAYS:

- Sad or depressed mood  Withdrawn from family or friends
- Loss of interest in activities or hobbies  Feelings of guilt or worthlessness
- Feeling hopeless about the future  Sleep disturbance  Change in appetite
- Low energy or fatigue  Trouble focusing or concentrating  Thoughts of hurting self
- Thoughts of suicide  Thoughts of hurting or killing others  Irritability
- Severe angry outbursts (verbal or physical)  Worrying too much
- Feeling or acting restless  Muscle tension  Panic or anxiety attacks
- Fear of looking stupid or being embarrassed  Fear of offending others
- Any other fears or phobias  Drastic mood swings  Episodes of decreased need for sleep
- Extreme hyperactivity  Racing thoughts  Talking so fast it's hard to understand
- Overly happy or euphoric  Overly confident
- Thoughts, feelings or images that come into the child's mind when he/she does not want them to?
- Habits the child feels they must do even if he/she knows it does not make sense (for example excessive cleaning, checking, repeating, counting, organizing or hoarding things)?
- Hearing voices that other people cannot hear  Odd thinking or beliefs
- Seeing things other people cannot see  Feeling paranoid  Poor body image
- Trying to lose weight even though he/she is not overweight
- Intentionally throwing up after eating  Easily loses temper  Easily annoyed
- Defiant  Argues with authority figures  Annoying others on purpose
- Blaming others for his/her mistakes  Resentful, spiteful or vindictive  Lying
- Stealing  Destroying property  Setting fires  Skipping school
- Hurting other people or animals  Difficulty learning
- Trouble understanding social cues  Difficulty making/keeping friends
- Sensitive to sound, light, touch or smell

HAS YOUR CHILD EXPERIENCED A TRAUMATIC EVENT:  Sexual abuse  Physical abuse  
 Near death experience  Other traumatic event: \_\_\_\_\_  
\_\_\_\_\_

SOCIAL HISTORY:

WHO LIVES AT THE CHILD'S PRIMARY RESIDENCE:  Mom  Dad  Brother(s)  
 Sister(s)  Step-parent  Grandmother  Grandfather  Aunt  Uncle  
 Cousin(s)  Foster parent(s)  Foster sibling(s)  
 Other: \_\_\_\_\_

IS THE CHILD ADOPTED?  YES  NO IS THE CHILD AWARE?  YES  NO

CURRENT SCHOOL: \_\_\_\_\_ GRADE: \_\_\_\_\_

DOES YOUR CHILD HAVE AN IEP OR 504 PLAN?  YES  NO. If yes, please bring a copy to the first visit.

ARE THERE CURRENT BEHAVIOR CONCERNS AT SCHOOL?  YES  NO

IF YES, PLEASE EXPLAIN: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

HAS YOUR CHILD BEEN SUSPENDED OR EXPELLED FROM SCHOOL?  YES  NO

ARE THERE ANY CURRENT LEGAL PROCEEDINGS INVOLVING THE CHILD?  YES  NO

IF YES, PLEASE EXPLAIN: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

MOM'S PREGNANCY HISTORY:

WAS THE PREGNANCY COMPLICATED BY ANY OF THE FOLLOWING, PLEASE EXPLAIN ANY YES ANSWER:

Preterm labor  YES  NO \_\_\_\_\_

Substance abuse  YES  NO \_\_\_\_\_

Emotional problems  YES  NO \_\_\_\_\_

Medications  YES  NO \_\_\_\_\_

Medical problems  YES  NO \_\_\_\_\_

HOW MANY WEEKS GESTATION WAS THE PREGNANCY? \_\_\_\_\_ Weeks, \_\_\_\_\_ Term, \_\_\_\_\_ Preterm

WAS THE DELIVERY (CHECK ALL THAT APPLY):  Vaginal  C-Section  Induced  
 Spontaneous  Scheduled  Emergent

ANY DELIVERY COMPLICATIONS?  YES  NO. If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

DEVELOPMENTAL HISTORY:

WERE EARLY CHILDHOOD DEVELOPMENTAL MILESTONES (SIT, WALK, TALK, TOILET TRAIN, ETC)?

Early  On time  Late

PLEASE LIST ANY DEVELOPMENTAL CONCERNS ABOUT YOUR CHILD: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PAST MEDICAL HISTORY:

HAS YOUR CHILD EVER HAD?  Headaches  Seizures  Allergies (seasonal)  
 Diabetes  Thyroid condition  Asthma  Other lung problems  Cancer  
 Head injury/concussion  OTHER: \_\_\_\_\_  
\_\_\_\_\_

HAS YOUR CHILD EVER HAD ANY SURGERIES?  YES  NO If yes, please list surgeries and dates:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

CURRENT MEDICATIONS

Name	Dosage	Frequency	When started
_____			
_____			
_____			
_____			
_____			
_____			

MEDICATION ALLERGIES  NONE  YES (please explain) \_\_\_\_\_  
\_\_\_\_\_

OTHER ALLERGIES  NONE  YES (please explain) \_\_\_\_\_  
\_\_\_\_\_

BIOLOGICAL FEMALES ONLY: HAS YOUR CHILD STARTED MENSTRUATION?  YES  NO

IF YES, AT WHAT AGE \_\_\_\_\_

ARE PERIODS REGULAR?  YES  NO DATE OF LAST MENSTRUAL CYCLE \_\_\_\_ / \_\_\_\_ / \_\_\_\_

IS THERE ANY CHANGE IN SYMPTOM SEVERITY WITH PERIODS?  YES  NO

IF YES, PLEASE DESCRIBE \_\_\_\_\_

PAST PSYCHIATRIC HISTORY:

HAS YOUR CHILD EVER SEEN A PSYCHIATRIST OR THERAPIST/COUNSELOR BEFORE?  YES  NO

Name of provider	Dates seen	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____

HAS YOUR CHILD EVER BEEN ADMITTED TO A PSYCHIATRIC HOSPITAL?  YES  NO

Name of the hospital	Dates	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____

HAS YOUR CHILD EVER ATTEMPTED SUICIDE?  YES  NO If yes, please describe: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

DOES YOUR CHILD ENGAGE IN ANY SELF-HARM BEHAVIORS (LIKE CUTTING)?  YES  NO

If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

HAS YOUR CHILD EVER BEEN VIOLENT OR AGGRESSIVE? \_\_\_\_ YES \_\_\_\_ NO

If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

HAS YOUR CHILD EVER USED ANY OF THE FOLLOWING? (MARK ALL THAT APPLY)

\_\_\_\_ Tobacco      \_\_\_\_ Vaping      \_\_\_\_ Marijuana      \_\_\_\_ Alcohol  
\_\_\_\_ Opiates      \_\_\_\_ Benzos      \_\_\_\_ Ecstasy      \_\_\_\_ Methamphetamine  
\_\_\_\_ Cocaine      \_\_\_\_ Heroin      \_\_\_\_ Other: \_\_\_\_\_

IS YOUR CHILD CURRENTLY USING ANY OF THOSE MARKED ABOVE? \_\_\_\_ Yes \_\_\_\_ No

PLEASE MARK ANY PSYCHIATRIC MEDICATIONS YOUR CHILD HAS TAKEN IN THE PAST:

\_\_\_\_ Alprazolam (Xanax)    \_\_\_\_ Diazepam (Valium)    \_\_\_\_ Mirtazapine (Remeron)  
\_\_\_\_ Amitriptyline (Elavil)    \_\_\_\_ Duloxetine (Cymbalta)    \_\_\_\_ Nortriptyline (Pamelor)  
\_\_\_\_ Amphetamine (Adderall)    \_\_\_\_ Escitalopram (Lexapro)    \_\_\_\_ Olanzapine (Zyprexa)  
\_\_\_\_ Aripiprazole (Abilify)    \_\_\_\_ Fluoxetine (Prozac)    \_\_\_\_ Oxcarbazepine (Trileptal)  
\_\_\_\_ Asenapine (Saphris)    \_\_\_\_ Fluphenazine (Prolixin)    \_\_\_\_ Paliperidone (Invega)  
\_\_\_\_ Atomoxetine (Strattera)    \_\_\_\_ Fluvoxamine (Luvox)    \_\_\_\_ Paroxetine (Paxil)  
\_\_\_\_ Bupropion (Wellbutrin)    \_\_\_\_ Guanfacine (Intuniv)    \_\_\_\_ Quetiapine (Seroquel)  
\_\_\_\_ Buspirone (BuSpar)    \_\_\_\_ Haloperidol (Haldol)    \_\_\_\_ Risperidone (Risperdal)  
\_\_\_\_ Carbamazepine (Tegretol)    \_\_\_\_ Iloperidone (Fanapt)    \_\_\_\_ Sertraline (Zoloft)  
\_\_\_\_ Citalopram (Celexa)    \_\_\_\_ Imipramine (Tofranil)    \_\_\_\_ Topiramate (Topamax)  
\_\_\_\_ Clomipramine (Anafranil)    \_\_\_\_ Lamotrigine (Lamictal)    \_\_\_\_ Trazodone (Desyrel)  
\_\_\_\_ Clonazepam (Klonopin)    \_\_\_\_ Levomilnacipran (Fetzima)    \_\_\_\_ Valproic Acid (Depakote)  
\_\_\_\_ Clonidine (Kapvay)    \_\_\_\_ Lisdexamfetamine (Vyvanse)    \_\_\_\_ Venlafaxine (Effexor)  
\_\_\_\_ Clozapine (Clozaril)    \_\_\_\_ Lithium    \_\_\_\_ Vilazodone (Viibryd)    \_\_\_\_ Desipramine (Norpramin)  
\_\_\_\_ Lorazepam (Ativan)    \_\_\_\_ Vortioxetine (Brintellix)    \_\_\_\_ Desvenlafaxine (Pristiq)  
\_\_\_\_ Loxapine (Loxitane)    \_\_\_\_ Ziprasidone (Geodon)    \_\_\_\_ Dexmethylphenidate (Focalin)  
\_\_\_\_ Lurasidone (Latuda)    \_\_\_\_ Other: \_\_\_\_\_



FAMILY MEDICAL HISTORY including grandparents, parents, aunts, uncles, siblings, etc.

Have any of your child's relatives ever had any of the following:

	Yes	No	Relationship to child
Migraine/Chronic headaches			
Seizures			
Stroke			
High blood pressure			
Heart disease			
Heart attack			
Heart Murmur			
Lung disease			
Asthma			
Gastric reflux disease			
Diabetes			
High cholesterol			
Liver disease			
Kidney disease			
Thyroid disease			
Obesity			
Glaucoma			
Anemia			
Sudden unexplained death			
Dementia			
Cancer			

FAMILY PSYCHIATRIC HISTORY

Have any of your child's blood relatives ever had any of the following:

	Yes	No	Relationship to child
Depression			
Bipolar disorder			
Suicide			
Anxiety disorders			
Panic disorder			
Agoraphobia			
Obsessive Compulsive Disorder			
PTSD			
Eating disorder			
Schizophrenia			
Other psychosis			
ADHD/ADD			
Oppositional Defiant Disorder			
Conduct disorder			
Personality disorders			
Tourette's syndrome			
Autism spectrum disorder			
Alcoholism			
Substance abuse			
Psychiatric hospitalizations			

AUTHORIZATION TO RELEASE INFORMATION

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Caregiver Name(s): \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Telephone (Home): \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Email: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I request and authorize the release of medical information from:

PCP Name: \_\_\_\_\_

Clinic: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Therapist or Counselor: \_\_\_\_\_

Clinic: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Other Provider: \_\_\_\_\_

Clinic: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Release my records to:

NWA Psychiatry, a MANA clinic  
4700 S. Thompson Suite C-103  
Springdale, AR 72764  
Phone: 479.571.6363 Fax: 479.684.3941

Please specify which records/information you would like released:

ALL RECORDS  CLINIC NOTES  LABS  MENTAL HEALTH  SUBSTANCE USE  PAIN CONTRACT

By signing below, I understand:

I may revoke this authorization at any time. In signing this form, I authorize the release of my protected health information. I understand that upon my release, this health information is no longer protected and has the potential to be re-disclosed by the recipient. Treatment will not be denied to me if I do not sign this form. The authorization expires one year from the date of my signature.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Northwest Arkansas Psychiatry a MANA Clinic**



PATIENT REGISTRATION

www.mana.md



PATIENT INFORMATION – Please Print

Patient Name Last First Middle
Sex: M F Date of Birth Social Security #
Address Apt.
City State Zip
Home Phone Mobile
Employer Work Phone
Please check one: Married Single Divorced Widowed
Race: White African American Asian Native Hawaiian/Other Pacific Islander
Native American Indian/ Alaskan Other Race
Ethnicity (Origin): Not Hispanic or Latino Hispanic or Latino Preferred (Primary) Language:
Have you been seen at this clinic before? Yes No If so, when?
Reason for today's visit
Primary Physician
Preferred Pharmacy Street

EMAIL AUTHORIZATION

Email Address
By providing my email address above, I hereby agree to allow MANA to contact me by email with e-newsletters, wellness reminders, health news and updates regarding healthrelated services provided by MANA. I understand that MANA will not share the information provided above with outside companies.

EMPLOYER INFORMATION

Is today's visit work related? Yes No
Name of Employer Employer Phone
Employer Address City State Zip

PATIENT NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT

I have received a copy of the Patient Notice of Privacy Practices from Medical Associates of Northwest Arkansas.
SIGNATURE DATE
In the event this Acknowledgement form is being executed by a personal representative, guardian or parent, please print your name, date of birth, social security number and relationship to the patient here:
If you would like to authorize MANA clinic to release information to a family member, spouse, or personal representative, please complete an Individual Authorization Form provided by the receptionist.

Patient Name D.O.B.

## PERSON RESPONSIBLE FOR PAYMENT

My self/ My spouse (skip to the next section) OR: (List Father, Mother, Guardian or other)

Responsible Party \_\_\_\_\_ DOB \_\_\_\_\_

Relationship to Patient \_\_\_\_\_ SS# \_\_\_\_\_

Phone \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

## HEALTH INSURANCE INFORMATION

1. If you are covered by one of the following insurance plans, please mark the appropriate plan:

- Aetna       AMCO (or AMCO affiliate)       Cigna       Blue Cross Blue Shield       Qual-Choice  
 Novasys Choice Network / AR HealthNet       Tyson       United Healthcare       Other

2. If you have one of the insurance plans listed above, please complete the following for the person that carries the insurance.

ID# \_\_\_\_\_ GP# \_\_\_\_\_ Phone# \_\_\_\_\_

Policy Holder's Name \_\_\_\_\_ DOB \_\_\_\_\_ SS# \_\_\_\_\_

Policy Holder's Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Relationship to Policy Holder:  Self  Spouse  Child  Step-Child  Other

## INSURANCE AUTHORIZATION & FINANCIAL AGREEMENT

I hereby authorize Medical Associates of Northwest Arkansas (MANA) to give my insurance company or companies all information they may require concerning my case, and I hereby assign to the physician(s) all payments for medical services rendered.

I understand that I am responsible for any amount not covered by insurance. I agree to pay any co-pay and amount due at the time of service.

Signed \_\_\_\_\_ Date \_\_\_\_\_

## HOW DID YOU HEAR ABOUT US?

- 01  Recommended by a friend or family member.      08  Citiscapes Magazine  
02  Clinic web site, www.mana.md      09  Newspaper  
03  Other web site \_\_\_\_\_      10  Yellow Pages / phone directory  
04  E-mail, Facebook or Twitter      11  Received a postcard in the mail.  
05  Signs or location      12  Referred by Doctor \_\_\_\_\_  
06  Kids Directory Magazine      13  Found the doctor listed in my Insurance directory.  
07  My employer      14  Other *Please specify* \_\_\_\_\_

***Thank you for choosing a MANA Clinic.***

## Medical Associates of Northwest Arkansas (MANA)

# Notice of Privacy Practices

Your Information. Your Rights. Our Responsibilities.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. **Please review it carefully.**

## Your Rights

**When it comes to your health information, you have certain rights.** This section explains your rights and some of our responsibilities to help you.

### Get an electronic or paper copy of your medical record

- You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. Ask us how to do this.
- We will provide a copy or a summary of your health information, usually within 30 days of your request. We may charge a reasonable, cost-based fee.

### Ask us to correct your medical record

- You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this.
- We may say “no” to your request, but we’ll tell you why in writing within 60 days.

### Request confidential communications

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.
- We will say “yes” to all reasonable requests.

### Ask us to limit what we use or share

- You can ask us not to use or share certain health information for treatment, payment, or our operations. We are not required to agree to your request, and we may say “no” if it would affect your care.
- If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer. We will say “yes” unless a law requires us to share that information.

### Get a list of those with whom we’ve shared information

- You can ask for a list (accounting) of the times we’ve shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We’ll provide one accounting a year for free but will charge a reasonable, cost based fee if you ask for another one within 12 months.

### Get a copy of this privacy notice

You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.

### Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

### File a complaint if you feel your rights are violated

- You can complain if you feel we have violated your rights by contacting us using the information on page the next page (2) / back page.
- You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting [www.hhs.gov/ocr/privacy/hipaa/complaints/](http://www.hhs.gov/ocr/privacy/hipaa/complaints/).
- We will not retaliate against you for filing a complaint.

## Your Choices

**For certain health information, you can tell us your choices about what we share.** If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to:

- Share information with your family, close friends, or others involved in your care
- Share information in a disaster relief situation
- Include your information in a hospital directory

*If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.* In these cases we never share your information unless you give us written permission:

- Marketing purposes
- Sale of your information
- Most sharing of psychotherapy notes In the case of fundraising:
- We may contact you for fundraising efforts, but you can tell us not to contact you again.

## Our Uses and Disclosures

### How do we typically use or share your health information?

We typically use or share your health information in the following ways.

#### Treat you

We can use your health information and share it with other professionals who are treating you.

*Example: A doctor treating you for an injury asks another doctor about your overall health condition.*

#### Run our organization

We can use and share your health information to run our practice, improve your care, and contact you when necessary.

*Example: We use health information about you to manage your treatment and services.*

#### Bill for your services

We can use and share your health information to bill and get payment from health plans or other entities.

*Example: We give information about you to your health insurance plan so it will pay for your services.*

### How else can we use or share your health information?

We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see:

[www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html).

**Help with public health and safety issues** We can share health information about you for certain situations such as:

- Preventing disease
- Helping with product recalls
- Reporting adverse reactions to medications
- Reporting suspected abuse, neglect, or domestic violence
- Preventing or reducing a serious threat to anyone's health or safety

#### Do research

We can use or share your information for health research.

#### Comply with the law

We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.

**Respond to organ and tissue donation requests** We can share health information about you with organ procurement organizations.

**Work with a medical examiner or funeral director** We can share health information with a coroner, medical examiner, or funeral director when an individual dies.

### Address workers' compensation, law enforcement, and other government requests

We can use or share health information about you:

- For workers' compensation claims
- For law enforcement purposes or with a law enforcement official
- With health oversight agencies for activities authorized by law
- For special government functions such as military, national security, and presidential protective services

### Respond to lawsuits and legal actions

We can share health information about you in response to a court or administrative order, or in response to a subpoena.

*We do not market or sell personal information. We do not create or maintain psychotherapy notes at this practice.*

### Our Responsibilities

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind. For more information see: [www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/notice.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/notice.html).

### Changes to the Terms of this Notice

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office, and on our web site.

### Medical Associates of Northwest Arkansas (MANA) Privacy Officer:

Paula Maxwell, Chief Operating Officer  
3383 N. MANA Court, Suite 201  
Fayetteville, AR, 72703  
Phone: (479) 571-6780  
Email: [privacyofficer@mana.md](mailto:privacyofficer@mana.md)

Effective Date: September 23, 2013

# Authorization For Release of Protected Health Information

I, \_\_\_\_\_, give all physicians and professional staff employed by Medical Associates of NWA, PA, permission to disclose the protected health information set forth below to the following people at the request of one or more of these individuals.

**Patient name (print):** \_\_\_\_\_ **D.O.B.** \_\_\_\_\_

**Information to be released to the below referenced entity:**

- Complete medical record
- Seek medical care
- Specific information: \_\_\_\_\_

<b>Please Print:</b>	<b>NAME</b>	<b>RELATIONSHIP TO PATIENT</b>

I give Medical Associates of Northwest Arkansas P.A., permission to:

- Fax my child's **School Excuse** to his/her school  
 Yes                       No
- Leave a message(s) on my answering machine if they should need to remind me of an appointment, change an appointment, etc, and are unable to reach me in any other way.  
 Yes                       No

In addition, I understand or acknowledge the following:

1. I understand that Medical Associates of Northwest Arkansas, P.A., will not release any information to the any person(s) not listed above.
2. I have the right to revoke this Authorization at any time by giving Medical Associates of Northwest Arkansas, P.A., a written notice. I understand this does not apply to the release of PHI pursuant to my prior authorization.
3. I have received Medical Associates of Northwest Arkansas's Notice of Privacy Practices.
4. My protected health information may be subject to re-disclosure by one or more of the persons named above and as such may no longer be protected by federal or state law.

**This authorization shall expire on the** \_\_\_\_\_ **day of** \_\_\_\_\_, 20\_\_\_\_ **and/or the following event:**  
\_\_\_\_\_.

**Patient signature:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

In the event the Authorization is being executed by a personal representative, guardian, or parent, please print your name, relationship to the patient, and basis of authorization to act on the patient's behalf.

**Print name** \_\_\_\_\_ **Relationship to Patient:** \_\_\_\_\_

**What is your authorization to act on the patient's behalf?** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

