

ADHD MEDICATION TITRATION

1. **Concerta** (methylphenidate) 18mg tablets Given # 30
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First 5 days 1 tablet each morning
6th day until recheck 2 tablets each morning

**** Return to clinic in 2 weeks**

(Federal and insurance guidelines require recheck in 4 weeks or less if change in medication dosing; once target dose achieved, visits require every 3 months or less.)

2. **Focalin XR** (methylphenidate-ER) 5mg tablets Given # 30
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First 5 days 1 tablet each morning
6th day until recheck 2 tablets each morning

**** Return to clinic in 2 weeks**

3. **Daytrana** (methylphenidate) 10mg patch Given # 10
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First 5 days 1 patch
Second 5 days 1 ½ patches (must cut in half)
Third 5 days 2 patches

**** Return to clinic in 2 weeks**

4. **Vyvanse** (lisdexamfetamine) 10mg capsule Given # 30
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First 5 days 1 tablet each morning
Second 5 days 2 tablets each morning
Third 5 days 3 tablets each morning

**** Return to clinic in 2 weeks**