



INFANT FORMULA SHORTAGE NEED TO KNOW

As many parents are aware, there has recently been a shortage of infant formula. Here are some things to know during this shortage.

WHAT TO DO IF YOU CANNOT FIND YOUR FORMULA

- Reach out to your pediatrician's office or local WIC office to see if they have anything in stock
 - Buy formula online until you can locate what you need in stores.
 - Switch to another available formula unless you are on an extensively hydrolyzed or amino acid based formula. Refer to the substitutions list attached.
 - Check smaller stores and pharmacies that may have stock when large stores are depleted.
 - Some social media groups have been created to help locate specific formulas. These may be used as a resource to find what you need
-

WHAT NOT TO DO IF YOU CANNOT FIND FORMULA

- Do not** water down your formula to make it last longer. This can cause electrolyte imbalances and can endanger your child. Always mix per manufacturer recommendations.
 - Do not** make your own homemade formula. While there are lots of recipes on the internet, these are not safe and do not meet an infant's nutritional needs
 - Do not** use toddler formula. While this may be ok for older infants (10-12 months) for short term use, it is not appropriate for a newborn.
 - Do not** use cow's milk. Cow's milk is not recommended <12 months of age; however, discuss with your pediatrician to see if your infant may use this as a temporary replacement.
 - Do not** use goat's milk. Goat's milk exceeds the calcium and protein needs of an infant and can cause harm. Additionally, it is deficient in folate and can cause anemia. It should not be fed to any infant.
-

If you have any questions, call your pediatrician for guidance on your child's health and nutrition. You can access additional information from the American Academy of Pediatrics at www.healthychildren.org

TYPE OF FORMULA	SIMILAR INFANT BRANDS/PRODUCTS
Standard Term Infant Formula	Similac 360 Total Care, Similac Pro-Advance, Similac Advance, Enfamil NeuroPro Infant, Enfamil Infant, Enfamil Enspire, Gerber Good Start Gentle Pro, Signature Care Infant, Signature Care Advantage, Comparable Store Brand*
Organic Standard Term Infant Formula *May be used in place of Standard Term Infant Formula if other options are unavailable	Similac Organic, Similac Pure Bliss, Similac Organic A2, Earth's Best, Enfamil Simply Organic, Enfamil A2, 365 Organic (Whole Foods), Burt's Bees, Happybaby, ByHeart, Bobbie
Thickened Term Infant Formula	Similac for Spit Up (lactose free), Enfamil AR (contains lactose), Comparable Store Brand*
Lactose Free or Reduced Lactose Term Infant Formula	Similac Pro-Sensitive, Similac Sensitive, Similac Sensitive 360 Total Care, Enfamil Neuropro Sensitive, Enfamil Gentlease, Enfamil Neuropro Gentlease, Enfamil Reguline (50% lactose), Gerber Good Start GentlePro, Gerber Good Start SoothePro, Baby's Only Sensitive DHA/ARA, Baby's Only Gentle, Baby's Only Gentle DHA/ARA, Earth's Best Sensitive, Earth's Best Gentle, Burt's Bees Sensitive, Burt's Bees Gentle, HappyBaby Sensitive, Signature Care Sensitive, Comparable Store Brands*
Lactose Free or Reduced Lactose Term Infant Formula, Partially Hydrolyzed	Similac Pro-Total Comfort, Simlac Total Comfort, Enfamil Gentlease, Enfamil Neuropro Gentlease, Enfamil Enspire Gentlease, Enfamil Reguline (50% lactose), Gerber Good Start GentlePro, Gerber Good Start SoothePro, Baby's Only Gentle, Baby's Only Gentle DHA/ARA, Earth's Best Gentle, Burt's Bees Gentle, Signature Care Gentle, Comparable Store Brands*
Hypoallergenic Term Infant Formula, Extensively Hydrolyzed	Similac Alimentum, Enfamil Pregestimil, Enfamil Nutramigen, Gerber Good Start Extensive HA, Comparable Store Brands*
Elemental Term Infant Formula	Elecare Infant, Elecare Infant DHA/ARA, Neocare Infant, Neocate Syneo Infant, Enfamil Puramino, Nestle Aflamino
Preterm Post Discharge Formula	Similac Neosure, Enfamil Neuropro Enfacare, Enfamil Enfacare
*Available Store Brands	Amazon (Mama Bear), Walmart (Parent's Choice), Target (Up&Up), Sams Club (Member's Mark), Walgreens (Well Beginnings), CVS (CVS Health), Rite Aid (Tugaboos)