

WHICH ONE SHOULD YOU GO TO?

**Primary Care Doctor/
MANA Urgent Care**

OR

**Washington Regional
Emergency Room**

CALL YOUR DOCTOR FIRST!

Your primary care doctor and his/her staff have the best understanding of your medical history and may be able to see you the same day. MANA Urgent Care is a great option if your doctor is not available. They also have your medical record.

MANA Urgent Care can assist when you need treatment right away for minor illness or injury on holidays and weekends.

This includes:

- Burning with urination
- Mild asthma
- Nausea or diarrhea
- Ear or sinus pain
- Rash, minor burns, back pain
- Cough or sore throat
- Eye pain or irritation
- Minor fever or cold
- Minor Headache
- Bumps, cuts and scrapes
- Removal of stitches
- Toothache
- Insect Bite



1673 N. College Ave. (479) 521-0200
1188 N. Salem Rd., Ste. 6 (479) 442-0006

The Emergency Room (ER) can assist you when you need immediate treatment for a serious illness or injury.

This includes:

- Sudden or unexplained loss of consciousness
- Severe chest pain/pressure
- Numbness in the face, arm or leg
- Difficulty speaking
- Severe shortness of breath
- High fever with stiff neck, mental confusion or difficulty breathing
- Coughing up or vomiting blood
- Cuts or wounds that won't stop bleeding
- Major injuries
- Suddenly not able to speak, see, walk or move, drooping on one side of body

**Washington Regional
Emergency Room**

3215 N. Northhills Blvd.
(479) 463-1000